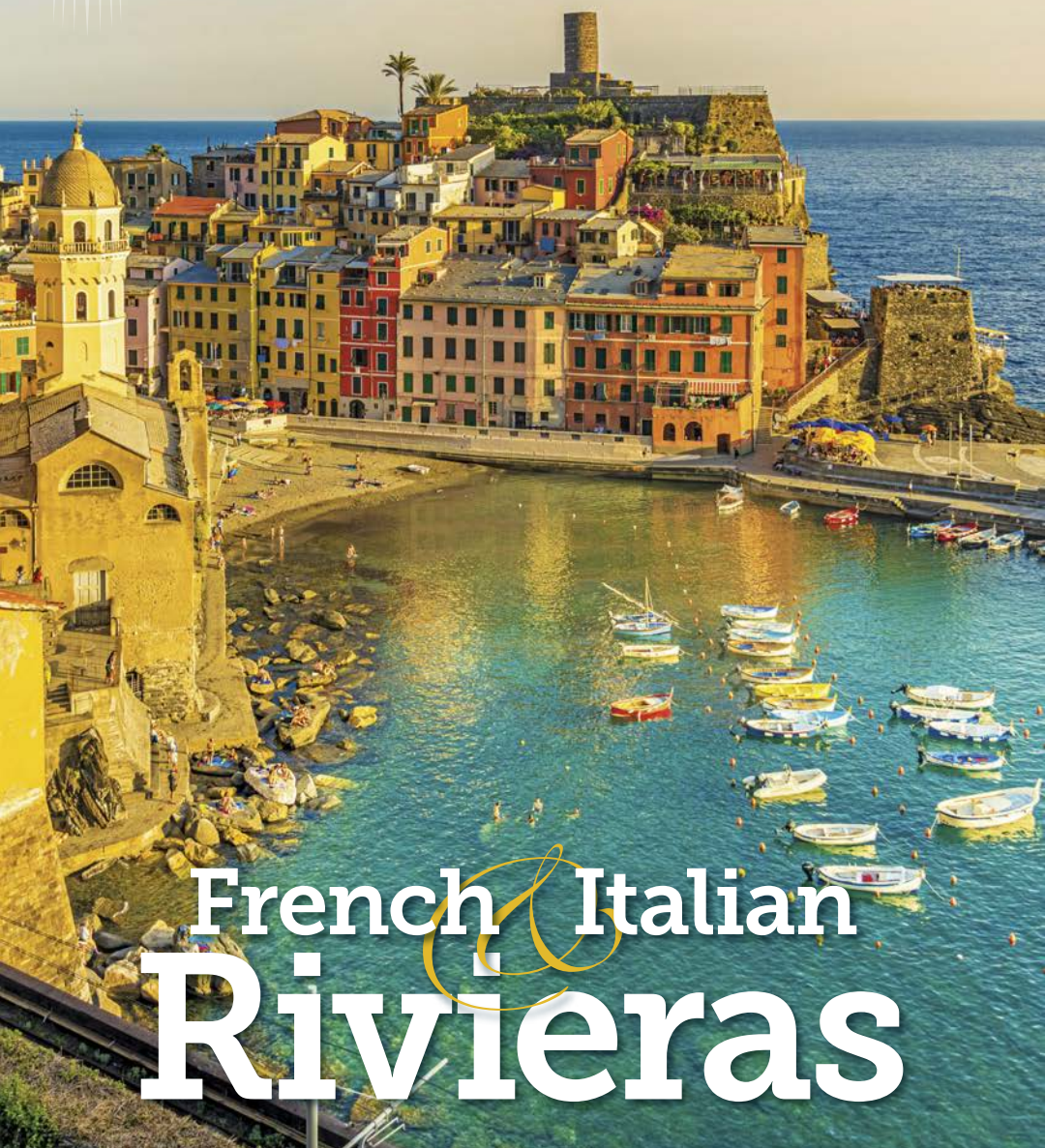




2023

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up to 90 days prior to departure!
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for details



French & Italian Rivieras

PRESENTED BY

VANDERBILT  UNIVERSITY®

Alumni Association

April 25 – May 5, 2023



A World of Discovery

Open your eyes to the unrivaled charms and sophistication of the French and Italian Rivas, regions brimming with history and scenery that takes your breath away. From glitzy cities to sleepy villages, we invite you to uncover an enticing land like no other.

What sets this travel adventure apart from others is AHI's unwavering commitment to connecting you to the world's people, places and cultures, especially at this important time in history. By weaving together discovery, education and authentic experiences, AHI invests in each destination, its people and local ways of life. Enriching and transformative, our journeys deliver new insights as we rediscover a global community more eager than ever to engage.

The value of the AHI journey is rooted in the personalized care you receive from AHI's Travel Directors. These thoughtful professionals create a welcoming atmosphere while handling every last detail so you can focus on the wonder before you. We also partner with knowledgeable guides and lecturers, whose regional expertise shines.

Designed for you, the curious traveler, this AHI journey invites you to open a new chapter in Italy. Our first page is Nice, an elegant and celebrated seaside retreat.

Inspiring Moments

- ▶ Discover the sun-splashed cities of Nice, Èze, Saint-Jean-Cap-Ferrat and more as you explore the alluring **French Riviera.**
- ▶ Uncover the wealth of the French Riviera at the magnificent **Villa Ephrussi.**
- ▶ Wander romantic lanes and pretty seafronts in Portofino and Santa Margherita on **Italy's Ligurian coast.**
- ▶ Sip prosecco from your hotel's terrace while gazing at a **Mediterranean sunset.**
- ▶ Savor **regional cuisine** and sea views along the **Bay of Silence.**
- ▶ Sail on sea breezes, passing the pretty towns and rugged coastline of the dramatic **Cinque Terre.**
- ▶ Experience two **UNESCO World Heritage sites.**



Dear Vanderbilt alumni and friends,

Join us on a spectacular nine-night journey to the French and Italian Rivas! From scenic coastlines to undulating landscapes, elegant villas to antique marinas, this classic program delivers a tapestry of living history and beauty.

Enjoy stays in Nice, France, and Sestri Levante, Italy, world-famous cities with distinct personalities. Set out each day to find inspiration in Portofino, Villefranche-sur-Mer, Genoa, medieval Èze and other iconic destinations. Spend time in colorful seaside communities and the lavish city-nation of Monaco, and discover the simple pleasures of Mediterranean sunsets and long, leisurely meals. Plus, hone your cooking skills during a hands-on cooking demonstration and enjoy a special cruise along the pretty Cinque Terre.

You'll enjoy comfortable accommodations, ample meals, engaging insights from expert local guides and speakers, plus worry-free travel, thanks to a dedicated Travel Director. With all these fantastic elements, this trip is sure to be popular. Act now to make your dream a reality!

Sincerely,

Cary DeWitt Allyn

Director, Vanderbilt Travel Program

The Vanderbilt Travel Program strives to engage Vanderbilt alumni, parents and friends of all ages, keeping them connected with each other and Vanderbilt. Each carefully designed trip offers unparalleled learning opportunities for an exclusive "beyond the classroom experience."

615-322-3673

www.vanderbilt.edu/alumni/travel

UNESCO World Heritage

1. **Genoa:** Le Strade Nuove and the system of the Palazzi dei Rolli
2. **Portovenere, Cinque Terre,** and the Islands





Day 1 | In Transit

Depart your gateway city for Nice, France. 🚗

Day 2 | Nice, France

Upon arrival, transfer 🚗 and check in to the Hotel Aston La Scala. Later, enjoy a Welcome Reception and Dinner.

Day 3 | Nice

Enrichment: *The Lives of Matisse & Chagall on the Côte d'Azur.* Delve into the fascinating lives of painters Henri Émile Benoît Matisse and Marc Chagall who produced many of their masterpieces in this region.

Discovery: *Nice – Capital of the French Riviera.* Nice captivates visitors with its waterfront setting and vivacious Mediterranean energy. Admire Chagall's biblical-themed works at the Musée Marc Chagall. Follow shaded cobblestones through Vieille Ville, Nice's colorful old town, a mesh of shops, cafes, churches and *crêperies*. Stroll along the Promenade des Anglais, a legendary seaside road that was originally designed as a footpath, and visit the Cours Saleya, Nice's longest-running market. The balance of the day is at your leisure.

Day 4 | Monaco | Monte Carlo | Èze

Discovery: *Monaco, Monte Carlo & Èze.*

Perched on a rocky cliff jutting into the sea, Monaco exudes extravagance at every turn. Following a visit to the neo-Byzantine church, continue to the Palais du Prince to watch the Changing of the Guard, which is accompanied by a military brass band. Venture into glamorous Monte Carlo, Monaco's wealthiest district, and pass by the famous Casino de Monte-Carlo designed by Charles Garnier. Continue to medieval Èze. After an orientation tour, discover this picture-perfect town at your own pace. You may wish to visit the Exotic Garden, an oasis with succulents, waterfalls, statues and jaw-dropping views over the sea.

Enrichment: *Contemporary France.*

A local expert discusses the modern French family, how French traditions and culture are preserved, and other compelling topics.

Day 5 | Saint-Jean-Cap-Ferrat | Villefranche-sur-Mer

Discovery: *Villa Ephrussi & Villefranche-sur-Mer.* The Cap-Ferrat peninsula is a playground for glitterati and billionaires.

Top: Place Massena, Nice | Below: Monte Carlo





Rapallo

Visit the palatial Villa Ephrussi, built for Baroness Béatrice de Rothschild. The villa is decorated with sumptuous furnishings and boasts a remarkable art collection. After, have the opportunity to get a taste of small-town Mediterranean life on your own in Villefranche-sur-Mer, an idyllic corner of paradise with candy-colored buildings and a harbor filled with sleek yachts. Active travelers may elect to walk back to Nice on a beautiful coastal path.

Day 6 | Genoa | Sestri Levante

Discovery: Riv to Riv. Depart the Côte d'Azur for Genoa, Italy's leading port city. Along the way, stop in a small village for a coffee break before continuing to Genoa. Sit down to a group lunch, then set off on a walking tour. Admire panoramic city views from Spianata Castelletto and walk along the grand Via Garibaldi, lined with elegant façades of Renaissance palaces. Continue down bygone streets to see Columbus House, the black-and-white striped Cathedral of San Lorenzo and Palazzo Ducale. Arrive in Sestri Levante, check in to the Hotel Vis a Vis and dig into a traditional dinner.

Day 7 | Sestri Levante

Enrichment: The Riviera di Levante.

Delve into the region's history and culture, which has enchanted writers and painters.

Discovery: Sestri Levante. Enjoy a walking tour of Sestri Levante, brimming with cheerful squares and buildings with unique *trompe l'oeil*. This decoration style, which uses paint and stencil work to create fancy designs and illusions, is one of the region's highlights.

AHI Connects: Italian Cooking

Lesson. A local chef demonstrates how to make authentic *pesto alla genovese*, a delectable basil sauce, and *focaccia*, a classic savory bread. After the lesson, settle in for lunch overlooking the Bay of Silence.

Day 8 | Portovenere | Manarola | Vernazza

Discovery: Cinque Terre. Few places touch your heart like this patchwork of villages tumbling to the sea. Begin in Portovenere, overlooking the Bay of Poets. Visit Manarola, surrounded by vineyards and replete with romance. Marvel at the coastline on a cruise, passing clifftop Corniglia and Vernazza. Relax over lunch in Vernazza at a waterside *trattoria*, an Italian-style eatery.



Medieval Èze



Seaside dining

INCLUDED FEATURES



Day 9 | Sestri Levante

Free Time: The day is yours to design!

Elective | Carrara. Venture out to see the legendary marble quarries used by sculptors through the centuries. Tour a quarry and see local artisans in their studios.

Enrichment: Contemporary Italy. Explore the current events shaping contemporary Italy and its place within the European Union.

Day 10 | Rapallo | Santa Margherita | Portofino

Discovery: Italian Riviera. Drive by sea-side Rapallo to Santa Margherita, where colorful cottages and gleaming yachts set the scene. Cruise to glamorous Portofino, tucked in an exquisite cove. Stroll by the harbor and spend time at leisure. Return to Santa Margherita and find a special spot to enjoy lunch on your own.

Gather for a Farewell Reception and Dinner.

Day 11 | In Transit

Transfer to Genoa airport for the return flight to your gateway city.

Note: Itinerary may change due to local conditions.

Flights and transfers included for AHF FlexAir participants.

A Note About Activity Levels

We want you to have a comfortable and enjoyable experience. That's why we have rated all of our excursions with activity levels to help you assess this program's physical expectations. Depending on the excursion, more leisurely alternatives may be available. Please call or visit our website to review the itinerary for full details about our activity levels.

Excursions on this program require:

- ▶ walking on cobblestones, unpaved paths or uneven surfaces
- ▶ getting on/off motor coaches and boats

Accommodations {with baggage handling}

- **4 nights** in Nice, France, at the first-class Hotel Aston La Scala.
- **5 nights** in Sestri Levante, Italy, at the first-class Hotel Vis a Vis.

Transfers {with baggage handling}

- Deluxe motor coach transfers during the Land Program.

Extensive Meal Program

- 9 breakfasts, 3 lunches and 4 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic cuisine and local flavors.

Your One-of-a-Kind Journey

- **AHF Travel Assurance** plan that covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
- Expert-led **Enrichment programs** enhance your insight into the region.
- **Discovery excursions** highlight the local culture, heritage and history:
 - Discover Nice on a walking tour.
 - Experience Monte Carlo and Monaco.
 - Witness the timeless charms of Èze and Villefranche-sur-Mer.
 - Enjoy the sights of historic Genoa.
 - Uncover the allure of Sestri Levante.
 - Learn the secrets of Italian cuisine.
 - Behold the beauty of the Cinque Terre.
 - Explore villages of the Italian Riviera.
- **AHF Sustainability Promise:** We strive to make a positive, purposeful impact in the communities we visit.
- **AHF Connects:** Local immersion.
- Free time to pursue your own interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.

Below: Hotel Aston La Scala guest room



AHI Travel Expertise

From your reservation to your return home, we're here to ensure you have the adventure of a lifetime.

Before you go:

- ▶ **Travel Consultants** | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- ▶ **Passenger Service Representative** | After reserving your spot, enjoy personalized assistance from this specialist, your one point of contact who helps with everything from arranging flights to booking elective activities to fulfilling special requests.
- ▶ **Travel Information** | Before your journey, our team closely monitors travel conditions, shares pre-departure details and provides information and enrichment about your destination.

Once you arrive:

Our top-notch, dedicated team takes your adventure to the next level! Share a laugh, learn where to find the best café and enjoy their unique perspectives on the local scene.

- ▶ **Travel Director** | Our multilingual Travel Director manages all the details so that you can simply relax and soak up the ambience. In the care of this seasoned travel professional who is attuned to your personal safety, you'll enjoy a seamless, unforgettable travel experience.
- ▶ **Expert Guides** | Who better to show you around than the people who live there? We've specially selected informed, enthusiastic local guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.
- ▶ **Lecturers** | Coming from all walks of life, our entertaining local lecturers open your eyes to history, culture and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.

HOTEL ASTON LA SCALA | NICE



HOTEL VIS A VIS | SESTRI LEVANTE



Our travel experts have carefully selected these first-class properties for their prime locations. They are ideally located for exploring the region's renowned landmarks, while providing opportunities to immerse yourself in local life. Of utmost importance is the superior quality of the services, amenities and accommodations, allowing you to fully enjoy your stay.



Below: View of Sestri Levante from Hotel Vis A Vis



French & Italian Rivieras

Trip #:2-27657W

Call our travel experts at **615-322-3673** to reserve your place!
(Preferred registration method.)

Please have the information outlined below available to share with our AHI Travel Experts.

If you prefer, you may also complete this Reservation Request and submit it to our office. Once this request is received in our office, an AHI Travel Expert will contact you within one business day to discuss deposit payment. Your reservation is not confirmed until your deposit is paid and processed.

Send to Vanderbilt Travel Program

c/o AHI Travel, International Tower-Suite 600
8550 W. Bryn Mawr Avenue, Chicago, IL 60631

I/we would like to request _____ place(s).

Deposit amount is \$600 per person.

Full Legal Name (*exactly as it appears on passport*)

1) _____
Title First Middle Last

Date of Birth

Email Name you would like on your name badge

2) _____
Title First Middle Last

Date of Birth

Email Name you would like on your name badge

Street Address _____

City _____ State _____ ZIP _____

Home (_____) _____ Cell (_____) _____

Sharing with _____
Name (Reservation Request sent separately)

Single Accommodations

- I prefer single accommodations at an additional \$995 (limited availability).
- I request assistance in securing a roommate but will accept a single, if one is available at this time, and pay the single supplement. Should a roommate be found, I understand the supplement will no longer apply.

Flights

- Yes, I/we are requesting the round-trip AHI FlexAir to Nice, France, with return from Genoa, Italy, to depart from:

Departure City

I/we are interested in upgrading my/our international flight to the following:

- First Class Business Class Premium Economy
- No thanks! I/we will book my/our own air travel and transfers.

Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by **February 9, 2023** (75 days prior to departure). Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover or Amex. Make checks payable to AHI Travel.

Please note: Program-specific terms and conditions are available at <https://vander.ahitravel.com/destinations/1704A?schoold=181>. You can also request a copy from our travel experts. Any payment to AHI Travel constitutes your acceptance of the terms and conditions set out therein, including but not limited to the cancellation terms.

PROGRAM DATES

Air Program dates: April 25 – May 5, 2023

Land Program dates: April 26 – May 5, 2023

LAND PROGRAM

Full Price	Special Savings	Special Price*
\$4,445	\$250	\$4,195

*Special Price valid if booked by the date found on the address panel.

VAT is an additional \$395 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations are an additional \$995 (limited availability).

Let us arrange your flights!

AHI FlexAir

Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- ▶ **price guarantee** to protect you from fuel surcharge increases after ticket purchase.
- ▶ arrival and departure **transfers** on group dates.
- ▶ **flexibility** to change or cancel your reservations without penalty up to 60 days before departure on most flights.
- ▶ **assistance** in the event of schedule changes or delays.

**Travel stress-free
with AHI FlexAir.**

TRAVEL WITH CONFIDENCE

For more than half a century, our dedicated team has helped travelers explore the world safely and securely.

To offer you added peace of mind, we've fine-tuned all facets of your travel experience:

- ✓ **Included AHI Travel Assurance** covers travel- and health-related contingencies. Available for U.S. residents only.
- ✓ Increased booking flexibility and relaxed cancellation penalties.
- ✓ **Home support staff and ground team** communicating 24/7 to ensure a seamless and safe journey.
- ✓ Travel Directors specially trained to the highest standard in accordance with AHI's health and safety protocols.
- ✓ A global network of partners rigorously following new procedures and protocols.
- ✓ **Enhanced sanitization practices** for river ships, hotels, trains and motor coaches.
- ✓ Tour operations modified for smaller groups and greater physical distancing.
- ✓ Hand sanitizer available for guest use.

Cours Saleya, Nice



Villefranche-sur-Mer





VANDERBILT UNIVERSITY®

Alumni Association

Vanderbilt Travel Program
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Nashville, TN 37240-7735

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615-322-3673

www.vanderbilt.edu/alumni/travel

Monaco

SMALL GROUP
MAXIMUM OF
24 TRAVELERS



Discover the timeless treasures of the French and Italian Rivas!

Please call or refer to our website for the most current program information, discounts and pricing.

AHI Travel's mission is to deliver inspirational educational and cultural travel programs that delight travelers.

With AHI you can rely on:

- Experienced Travel Directors who attend to every detail of your journey.
- An exceptional travel value.
- Unique access to local sites.
- Flexibility and customization.
- Safety and security.



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