

International Postdoc Workshop Schedule

These three sessions are intended to provide the resources and space for international postdocs to discuss, practice, and ask questions about the postdoc experience in the US. Attendees will have opportunities to meet and interact virtually with other international postdocs, submit materials for individualized feedback, and receive supplementary materials online. Enrollment is open on a rolling basis for Spring 2022. All attendees will be enrolled in a self-guided Brightspace course.

Sign-up link: <https://forms.office.com/r/ewC6uwnUwG>

Getting Started

- Brightspace
- Personal and academic introductions
 - Resources for balancing productivity and mental health
 - General tips for making the most of your postdoc years

This overview will help prepare postdocs to present themselves in a U.S. academic session. Should postdocs choose to submit a video, they will be provided feedback regarding comprehensibility, organization, and delivery. Guides will provide resources within and outside of the university to make the most of productivity, mental health, community, among other areas.

Optional Assignment: Upload introduction video

Workshop 1 Managing Professional Relationships

- Feb 11th
Zoom
10-11am
- The importance of effective communication
 - Discussion of potential communication issues
 - Learning to say “No”
 - Advisor meeting template

Postdocs will meet to discuss issues that may arise when communication between supervisors and postdocs is weak. This will include a discussion on making compromises while setting boundaries with work and research. Postdocs will be provided a meeting outline for discussions with advisors.

Optional Assignment: Upload supervisor meeting plan

Workshop 2 Explaining Your Research

- March 4th • Types of academic presentations
Zoom • Communication of research to colleagues and students
10-11am • Pronunciation resources

These sessions will provide examples of academic presentations, addressing weaknesses and strength. Emphasis will be placed on organization, pronunciation, and delivery. Those who choose to submit a video recording will receive feedback.

Optional Assignment: Upload research presentation video

Workshop 3 Academic Writing

- April 1st • Tips for technical writing
Zoom • Academic vocabulary and phrases
10-11am • Writing support

Postdocs will review writing samples from academics and be asked to assess each sample. They will be able to submit a writing sample of their choice and receive feedback on cohesiveness, organization, spelling, vocabulary, and grammar.

Optional Assignment: Upload writing sample