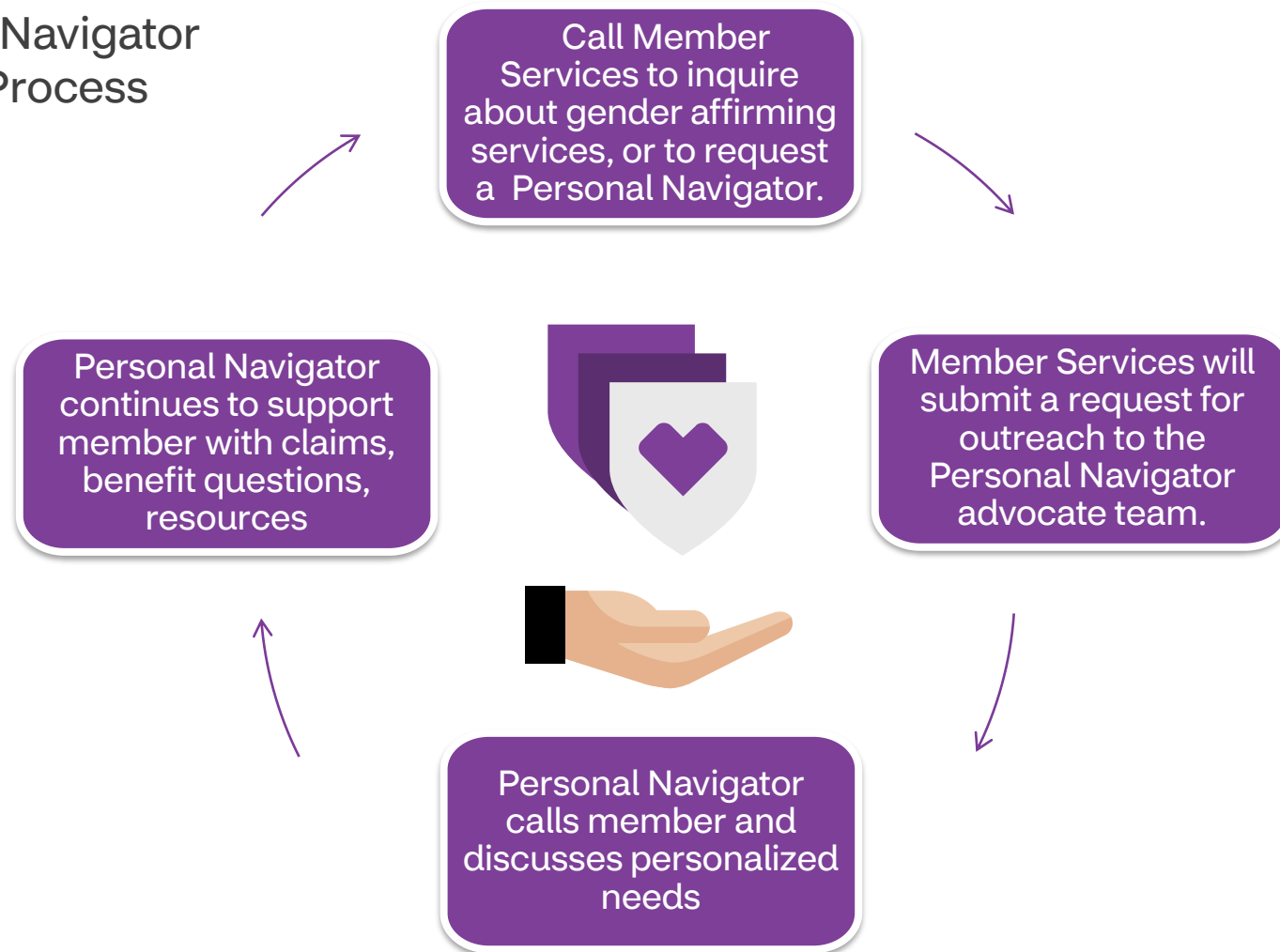


Transgender & Gender Diverse Resources

Personal Navigator Referral Process



Your Personal Navigator:

- Non-clinical, single point of contact that allows the member to get answers swiftly and conveniently.
- Explains the benefits within the member's medical plan, and also assists in finding providers, and other resources.

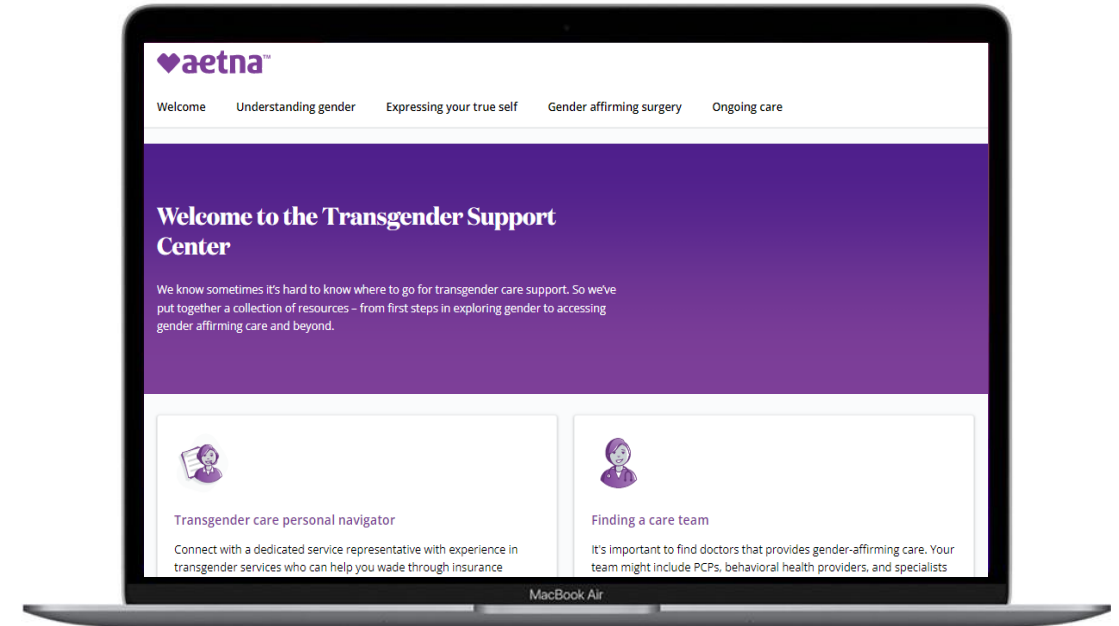
Transgender Digital Support Center

Aetna's online member resource for Transgender care support.

Found under [Health and Wellness](#) on the Aetna secure member website, the Transgender support center provides access to Transgender advocates, care team resources and educational information throughout all phases of our members' experience.

Educational information and resources include:

- **Understanding gender** and finding support
- **Expressing your true self** and ways you can show your authentic self
- **Gender affirming surgery** including surgery options and preparation tips
- **Ongoing care** for mind and body



*Image is illustrative

Our programs, care team and care managers do not diagnose or treat members. We assist you in getting the care you need, and our program is not a substitute for the medical treatment and/or instructions provided by your health care providers.