

# Vandy Cooks



with Faculty

## Chinese Cuisine - Savory and Fragrant Vegetables

Wednesday, September 20, 2023  
Free Cooking Demonstration  
5:30-6:30 PM

Vanderbilt David Williams II Recreation and Wellness Center  
Teaching Kitchen

New this academic year and held at the David Williams II Recreation and Wellness Center is Vandy Cooks **with Faculty**. Faculty from across the University will share their passion for cooking as they prepare and share favorite dishes at monthly presentations. Join Professor Peter Lorge, first presenter for this inaugural session, as he shares two of his favorite Chinese recipes.

Professor Lorge is a historian of 10th and 11th century China, with particular interest in Chinese military, political and social history in the University's Department of History, College of Arts and Science. He is proficient in food preparation from Italian, French, and Chinese cuisines. A jiu-jitsu enthusiast, he is the instructor for the Vanderbilt Brazilian Jiu-Jitsu Club. Recipes for this demonstration will include dry-fried green beans and Yuxiang eggplant.

Scan the QR code to register for this event! .

Those planning to attend this event and having food allergies should contact Marilyn Holmes at [marilyn.c.holmes@vanderbilt.edu](mailto:marilyn.c.holmes@vanderbilt.edu).



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DAVID WILLIAMS II  
RECREATION AND WELLNESS CENTER