# A Tale of Two States: SPEP in Different JJ Systems

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### The juvenile justice challenge



# The juvenile justice challenge

#### A highly functional JJ system must have the capacity to:

- Distinguish youth who are at high risk for re-offence from those youth who are at a low risk to re-offend
- Administer supervision and optimize treatment programs/services to higher risk youth to protect public safety and reduce their risk
- Do no harm to the youth at low risk

And do all this in a consistent, sustained, and measureable manner

# STANDARDIZED PROGRAM EVALUATION PROTOCOL (SPEP)

#### **SPEP 101**

- Apply the research knowledge base to assess how well current program practice matches evidence for effectiveness
- A rating scheme for each service type within the therapeutic philosophies
- Apply to individual services based on data about the services actually provided
- Validated with juvenile justice programs in Arizona and North Carolina

#### **SPEP 101**

- To have good effects, interventions must be implemented to match the 'best practice' found in the research
  - Program type: "Therapeutic" programs, with some types more effective than others
  - Quality of service delivery: Treatment protocol; monitoring and staff training
  - Amount of service: Duration and total number of contact hours
  - Risk: Larger effects with higher risk juveniles

Program Type

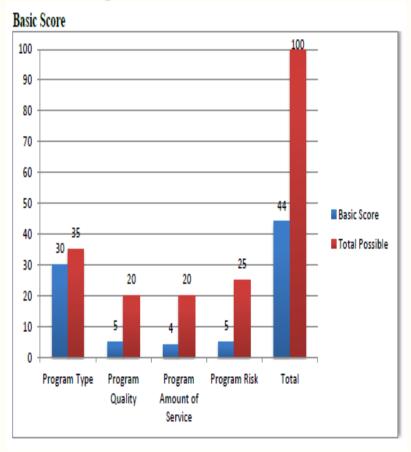
Risk Level of Youth

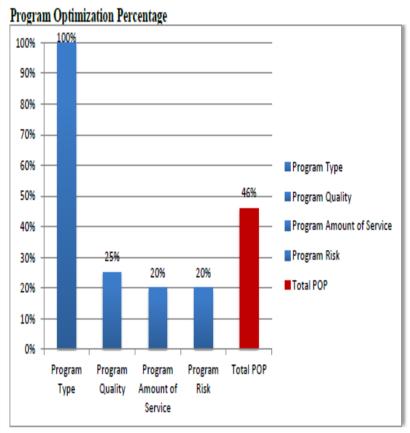
SPEP
Data
Elements

Quality of Service

Amount of Service

# Side-by-Side Comparisons of the Basic SPEP Score and the Program Optimization Percentage







## **SPEP IN TWO STATES**

#### **SPEP in Two States**

- State A
  - First Site Visit
    - November 2014
  - Have already scored programs in 1 YDC
  - In a few months will have scored all SPEPable programs in all YDCs
  - About to move on to community-based programming

#### State B

- Years working withJJ system
- Statutory initiation
  - 100% of JJ dollars for therapy are supposed to be going to evidence-based practice
- Still don't have first
   SPEP score

# **Supportive Leadership**

...and leadership stability

 Supportive leadership from executive to mid-level

# **Dedicated Personnel**

State A State B

Department of Juvenile Justice

Department of Children's Services

Division of Juvenile Justice

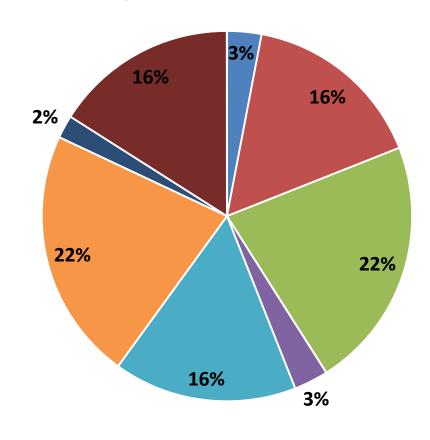
# **Availability of Data**

- The first questions we ask are related to data
  - What do the data look like?
  - -How accessible are the data?

Work arounds.....



#### **Percentage of Total Treatment Time**



- Individual Therapy
- Relationship Group
- **■** Family Therapy

- Group Counseling
- Academic
- Alcohol and Drug Treatment
- Life Skills
- Behavior Management



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