

There is always something to learn from a baby.



A mom's hug lasts long
after she lets go.

Will your baby
be born between
June and
December
of this year?

Researchers
at
Vanderbilt
University
are
conducting
a study
designed to
help
understand
how colds
impact
future
childhood
health



VANDERBILT



School of Medicine

PREGNANT WOMEN AND MOTHERS OF NEW INFANTS
ARE ENCOURAGED TO CALL

Ten tiny little fingers that always want to play, that never stop exploring the wonder of today,
Ten tiny little fingers that from the very start, will reach out for tomorrow, yet always hold your heart. *Unknown*

PURPOSE OF STUDY

The INSPIRE study is a 3-4 year study designed to help understand how respiratory infections (colds) in the first year of life impact future childhood health.

WHO SHOULD PARTICIPATE?

- Infants born between June 1 and December 31 of this year
- Babies born when mother was at least 37 weeks pregnant
- Available for introductory visit, follow-up visits during your baby's first "cold and flu" season, and healthy well-child contacts up to age 4 years

WHAT TO EXPECT

BASELINE VISIT (1 HOUR)

At your first visit, we will ask you questions about your and your baby's health, as well as diet, medical, social and developmental history, family medical history and home exposures. A urine sample will be collected from your baby.

TELEPHONE CALLS

During "cold and flu" season of your baby's first year of life, we will contact you approximately every two weeks by telephone to ask you brief questions about your baby's health since our last contact. If your baby has a respiratory infection (cold), we will arrange a visit with one of our study nurses.



RESPIRATORY INFECTION (COLD) VISIT(S)

At each sign or symptom of a cold, such as a runny nose, congestion, fever, coughing, or wheezing, we would like to see your baby for a brief research visit. We want to see your child for every cold, from mild to severe, during his or her first "cold and flu" season.

ANNUAL WELL-CHILD CONTACTS

Around the time of your child's birthday, we will contact you by telephone or in person.

• 1st Year Study Nurse Visit

At the 1-year visit, we will collect a small blood sample (1 teaspoon) from your baby and ask you a few questions.

• 2nd Year Phone Questionnaire

We will contact you by telephone to ask questions about your child's health.

• 3rd Year Study Clinic Visit

At the 3-year visit, we will perform allergy skin testing on your child and ask questions about your child's health. You will be given the allergy test results.

• 4th Year Phone Questionnaire

We will contact you by telephone to ask questions about your child's health.

COMPENSATION FOR PARTICIPATION

Study participants will be compensated up to \$250.

TO GET MORE INFORMATION OR TO VOLUNTEER

Contact the INSPIRE study team for more information.

- Phone: 615-875-BABY (2229)
- E-mail: VanderbiltINSPIRE@vanderbilt.edu
- Website: my.vanderbilt.edu/inspire/

Researchers at Vanderbilt University are conducting a study designed to help understand how colds impact future childhood health

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Detach to use as bookmark.



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A little child enters your life and fills a special place in your heart.