

*2.9.3. Working Toward My Goal***WORKING TOWARD MY GOAL****DIRECTIONS:** Write an effective goal statement below.**Goal:**

Review the first five qualities listed in “Qualities of Effective Goals”. If your goal lacks these qualities, rewrite it to make it more effective. Then complete the sections below.

**Supporting goals:**

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**Action steps for achieving this goal:**

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**Obstacles:** In the column on the left below, list possible obstacles to reaching your goal. Then in the column on the right, list one action step or support to avoid or minimize each possible obstacle.

Obstacle:  Action step/Supports:

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Obstacle:  Action step/Supports: