

CARA E. CHARNOGURSKY, MD

PERSONAL INFORMATION

Business address: Medical Center North
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Email cara.charnogursky@vumc.org

EDUCATION AND TRAINING

Undergraduate: **Loyola University, Chicago, IL**
2007-2011
Bachelor of Science Biology, Magna Cum Laude
Minor in Bioethics

Doctoral/Graduate: **Wayne State University School of Medicine, Detroit, MI**
2011-2015
Doctor of Medicine

Vanderbilt University School of Medicine
2022-present
Master of Public Health Candidate

Postdoctoral: **Riley Hospital for Children, Indianapolis, IN**
2015-2018
Resident Physician, Pediatrics

Vanderbilt University Medical Center, Nashville, TN
2021-Present
Clinical/Research Fellow, Pediatric Infectious Diseases

LICENSURE AND CERTIFICATION

Medical License Licensed Physician in Illinois

Board Certification American Board of Pediatrics, Certified 2018

Specialty BLS certified through July 2025

ACADEMIC APPOINTMENTS

- 2018-2021** Health Systems Clinician of Pediatrics
Ann & Robert H. Lurie Children's Hospital of Chicago
Attending Physician, Hospital Based Medicine Division
- 2018-2021** Health Systems Clinician of Pediatrics
AMITA Health Mercy Medical Center, Aurora, IL
Attending Physician, Hospital Based Medicine Outreach Division

PROFESSIONAL MEMBERSHIPS

- 2014-Present** American Academy of Pediatrics
- 2021-Present** Pediatric Infectious Diseases Society
- 2022-Present** American Society of Tropical Medicine & Hygiene
- 2023-Present** Society for Healthcare Epidemiology of America

CONTINUING MEDICAL EDUCATION

- 2021** Core Antimicrobial Stewardship Curriculum for Fellows
Infectious Disease Society of America
- 2023** Primer on Healthcare Epidemiology, Infection Control & Antibiotic Stewardship, Society for Healthcare Epidemiology of America online course

PROFESSIONAL ACTIVITIES

- 2022-Present** Vanderbilt Infection Prevention Executive Committee, Fellow Representative
- 2023-Present** Vanderbilt Pediatric Infectious Diseases Clinical Services Committee, Fellow Representative
- 2023** Tennessee Department of Health
Intern, Communicable and Environmental Disease Preparedness
Viral Hepatitis Program

EDUCATIONAL ACTIVITIES

- 2020-2021** Problem Based Learning Instructor
Northwestern Feinberg School of Medicine

Department of Medical Education

2023 Pediatric Resident teaching sessions

AWARDS/GRANTS

2022-2024 Childhood Infections Research Program T32 grant # AI095202 PI: Dr. Denison

2023 ID Week Trainee Abstract Travel Award

PRESENTATIONS AND PUBLICATIONS

2022 Journal Club to Pediatric Infectious Disease Division
Monkeypox Virus Infection

2021-2022 Pediatric Infectious Disease Teaching Case Conference
15 one-hour presentations throughout the year

2022 Invited talk to the Department of Obstetrics and Gynecology at Vanderbilt University Medical Center
Topic: Congenital syphilis

Abstracts/Poster presentation

Charnogursky, C., Gil, A.I., Ecker, L., Rios, S., Ocha, M., Pena, B., Flores, O., Lanata, C.F., Grijalva, C.G., Howard, L.M. (2023, October 19) Prevalence of Nasopharyngeal Carriage of Macrolide Resistance Associated erm Gene among Healthy Children and Adults in a Peri-Urban Community in Lima, Peru. American Society of Tropical Medicine and Hygiene Annual Meeting, Chicago, IL.

Charnogursky, C., Gil, A.I., Ecker, L., Rios, S., Ocha, M., Pena, B., Flores, O., Lanata, C.F., Grijalva, C.G., Howard, L.M. (2023, October 14) Prevalence of Nasopharyngeal Carriage of Macrolide and Lincosamide Resistance Genes Among a Household-based cohort of Children and Adults in a Peri-urban Community in Peru. ID Week, Boston, MA.

Charnogursky, C., Gil, A.I., Ecker, L., Rios, S., Ocha, M., Pena, B., Flores, O., Lanata, C.F., Morin, A.J., Grijalva, C.G., Howard, L.M.. *Prevalence of Nasopharyngeal Carriage of tet Resistance Genes Among a Household-based cohort of Children and Adults in a Peri-urban Community in Peru.* (2024, March), Poster accepted to International Society of Pneumococcal Diseases, Cape Town, South Africa.

Charnogursky, C., Gil, A.I., Ecker, L., Rios, S., Ocha, M., Pena, B., Flores, O., Lanata, C.F., Grijalva, C.G., Howard, L.M. *Nasopharyngeal Carriage of Pneumococcus and erm Resistance Genes in Household-based Cohorts of Children and Adults in a Peri-urban Community in*

Peru. (2024, March), Poster accepted to International Society of Pneumococcal Diseases, Cape Town, South Africa.

Charnogursky, C., Wingate, H., Shoup, P., Roberts, S. *Assessment of Hepatitis C Subsequent Infections, Tennessee 2016-2016*. (2024, June), Poster accepted to Council of State and Territorial Epidemiologists, Pittsburgh, PA.

Publications:

Dantuluri, K. L., Bonnet, K. R., Schlundt, D. G., Schulte, R. J., Griffith, H. G., Luu, A., **Charnogursky, C.**, Perkins, J. M., Whitmore, C. C., Banerjee, R., Howard, L. M., & Grijalva, C. G. (2023). Antibiotic perceptions, adherence, and disposal practices among parents of pediatric patients. *PLoS one*, 18(2), e0281660. <https://doi.org/10.1371/journal.pone.0281660>

Starnes LS, Starnes JR, Ghafari D, **Charnogursky C**, Duffus S, Fritz C. Fever and Neck Pain in an Adolescent: A Case Report. *Clin Pediatr (Phila)*. 2023 May 30;99(2):28231176704. doi: 10.1177/00099228231176704. Epub ahead of print. PMID: 37249249.

Starnes LS, Starnes JR, Stopczynski T, Amarin JZ, **Charnogursky C**, Hayek H, Talj R, Parra DA, Clark DE, Patrick AE, Katz SE, Howard LM, Peetluk L, Rankin D, Spieker AJ, Halasa NB. Clinical prediction model: Multisystem inflammatory syndrome in children versus Kawasaki disease. *J Hosp Med*. 2024 Jan 28. doi: 10.1002/jhm.13290. Epub ahead of print. PMID: 38282424.

GLOBAL HEALTH EXPERIENCE

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| 2016-2018 | Certificate in Global Health from the IU Center for Global Health
Completion of the Global Health Track during residency training which consisted of a multidisciplinary group of residents that met for regular didactics covering a wide range of global health topics and completion of a scholarly project. |
| October 2017 | International Adoption China Elective |
| March-April 2017 | AMPATH International Rotation, Kenya |
| February 2016 | Global Health Resident Elective in Haiti
Wayne State University School of Medicine |
| February 2015 | International Medicine Elective in Haifa, Israel
Technion Institute of Technology - Rambam Medical Center in Haifa, Israel |
| 2011-2013 | Wayne State University School of Medicine World Health Student Organization |