

# VANDERBILT SUMMER SCIENCE ACADEMY



## VSSA HANDBOOK

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# SUMMER

# 2025



VANDERBILT  
School of Medicine Basic Sciences

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# Welcome to Vanderbilt!

As a member of your summer-funded program at Vanderbilt, you will also be a member of the Vanderbilt Summer Science Academy. We are so excited to get the **2025 academy** started this summer, and we look forward to meeting you all! We hope you will work with us so that we can all have a meaningful and safe summer.

To get prepared for the summer, you will have to complete the following:

- VSSA Registration Survey (complete by Friday, May 16th)
- VU or VUMC Appointment paperwork
- Required Pre-Arrival Training

This handbook contains important information on the following:

- Housing and travel
- Orientation on Monday, June 2nd, LH 214 from 9 am - 12N.
- Hiring paperwork
- Link to the VSSA Calendar
- Social activity information
- Specific trainings that need to be completed before arriving on campus.

Our website also has a digital version of this VSSA Handbook (Password "VSSAStudent"). Please read the handbook thoroughly before arrival. When you arrive, you should bring photo IDs, your Social Security Card, and your health insurance card.

Again, we can't wait to meet you in June! If you have questions, please let one of us know.

Best,  
Stephanie, Davie, and RC

# PROGRAM OVERVIEW

Vanderbilt University has a longstanding tradition of training undergraduates in the Biomedical Sciences through summer research programs. In 2003, the Office of Biomedical Research Education and Training (BRET) established the Vanderbilt Summer Science Academy (VSSA) to bring together all undergraduates conducting biomedical research at Vanderbilt University School of Medicine. We host approximately 125 students each summer from institutions across the country.

In addition to streamlining administrative aspects of individual summer programs, the VSSA offers research seminars, a wide range of enrichment activities and lectures, as well as social activities for those undergraduates in affiliated programs engaged in research on our campus during the summer.

Our affiliate programs include AHA SURE, ASPIRNAUTS, BP-ENDURE, Chem-Bio REU, Leadership Alliance, MSTP, UCRIP, V-SURE, VBISP, Vanderbilt Summer Diabetes Research Program, Beckman Scholars, and VVC.

## Official Program Dates for 2025

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- Housing check-in begins at 9:00 am on Sunday, May 25th.
- The VSSA begins with orientation on Monday, June 2nd. Orientation will be in Light Hall, Room 214, and begins at 9 am. Please keep in mind that your individual program may start before VSSA orientation.
- VSSA Professional Development seminars start on Thursday June 5th.
- VSSA end of summer poster sessions will be on Thursday, June 31.
- Housing check-out will begin at 8:00 am on Saturday, August 2nd.
- The schedule is available here: [VSSA calendar](#) (Password “VSSAStudent”)



# VSSA Program Leadership



**Stephanie Richards, Ph.D.**  
Director, VSSA  
Office: 340 Light Hall  
[stephanie.richards@vanderbilt.edu](mailto:stephanie.richards@vanderbilt.edu)  
Phone: (615) 343-6111



**RC Stabile, Ed.D.**  
Director of Trainee Engagement  
&  
Well-being  
Office: 340 Light  
[rcstabile@vanderbilt.edu](mailto:rcstabile@vanderbilt.edu)



**Davie Morales-Miranda**  
Program Manager, VSSA  
Office: 340 Light Hall  
[d.miranda@vanderbilt.edu](mailto:d.miranda@vanderbilt.edu)  
Phone: (615) 343-5831

## Other Important Campus Contacts

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### **Vanderbilt University Police Department**

<http://police.vanderbilt.edu/>

Emergency: 911 or (615) 421-1911

Non-emergency: 2-2745 or (615)  
322-2745

### **Vanderbilt Title IX and Student Discrimination**

<https://www.vanderbilt.edu/title-ix/>

### **Office of Conferences (Summer Housing)**

[internhousing@vanderbilt.edu](mailto:internhousing@vanderbilt.edu)

Phone: (615) 343-8699

### **Vanderbilt Equal Opportunity and Access**

<https://www.vanderbilt.edu/eoa/>

### **VUMC Parking & Transportation Services**

[http://www.vanderbilt.edu/traffic\\_parking/](http://www.vanderbilt.edu/traffic_parking/)

Phone: (615) 936-1215, Option 3

Hours 7:00 am – 5:00 pm Monday-Friday

### **Vanderbilt Student Access Services**

<https://www.vanderbilt.edu/student-access/>

# Required Pre-Arrival Training

**IMPORTANT:** You must complete online Biosafety Training 101 and Chemical & Physical Safety prior to your arrival to campus. These trainings can be completed using this [REDCap](#) link. Your completion of these modules will be tracked. Do not rush through this material, as it contains valuable information vital to your summer research experience.

**Please note you will be assigned additional mandatory trainings closer to or after your arrival.** This will include Biosafety Training 201. You will also receive in-person Radiation Safety and Responsible Conduct of Research training as part of VSSA orientation on Monday June 2.

## VSSA Surveys



It is valuable to track the success of our program, both in the short-term through the summer and the long term as you explore your post-graduate plans. Because of this, we will be sending you surveys at the beginning, end, and one year after you complete the VSSA. Please do us the courtesy of completing this promptly so that we can continuously improve our program.

## Required Documents

Be sure to bring the following documentation with you to Vanderbilt, which may be required by your funding program:

- Two forms of identification from the following list:
  - Driver's license
  - Social security card
  - Passport/visa
  - Birth certificate
- Vehicle Registration (if bringing a car)
- Proof of Personal Health Insurance coverage (Insurance Card)

## VUMC Onboarding Requirements

Interns working or shadowing in VUMC labs are required to complete [Occupational Health Requirements](#) before arriving. You will receive specific instructions during the onboarding process. Please complete the necessary requirements as soon as possible. These requirement may include the following:

- TB test: two-step TB test (done two weeks apart) or a TB blood test (IGRA)
- Hep B vaccine series or a positive titer
- Flu shot
- MMR vaccine series or a positive titer
- Varicella vaccine series or a positive titer
- Tdap (1 dose in the last 10 years)

If this is an issue either logistically or cost-wise, please let us know ASAP, and we will figure out a solution.



# Working with Human or Animal Subjects

We will do Radiation Safety, Responsible Conduct of Research, and Sexual Harassment training during orientation on your first day. Biological Safety and Chemical Safety training is done online; the link is [here](#). If your project involves work with animals or human subjects, please contact your laboratory head to confirm what training you will need to complete. Also, you and your lab can contact [ACUP Training](#) ([acuptraining@vumc.org](mailto:acuptraining@vumc.org)) if you have any other questions besides the instructions below.

You only need to complete this if you will be working with animals this summer. You will need a VUNetID to log into this site. You will be directed to a Vanderbilt University Medical Center page, but your University credentials should allow you to access the training. Please contact your funding program manager if you have issues logging in. Remember that you will need to complete the training outlined on the Animal Care and Use Program website and any Occupational Health (OH) requirements before IACUC protocol approval. Employees should visit the VUMC Occupational Health [website](#) for OH requisites. \*The Principal Investigator (PI) must submit a Personnel Only Amendment to add you to an Approved IACUC Protocol.

Directions for accessing species specific online training through the AALAS Learning Library:

Access the AALAS Learning Library through the Animal Care and Use Program IACUC/OAWA website <https://www.vumc.org/acup/>.

On the [Animal Care and Use Program \(ACUP\)](#) home page:

Choose the Training & Education link under the header.

Select the ACUP Researcher Training Portal link.

Scroll down the page-under 1. AALAS Learning Library (Web-based Training Modules) select and log in to AALAS; enter your VUNetID and E-Password to log in.

AALAS Learning Library is a dashboard platform. The required training modules are species specific and can be accessed under the Tracks link.

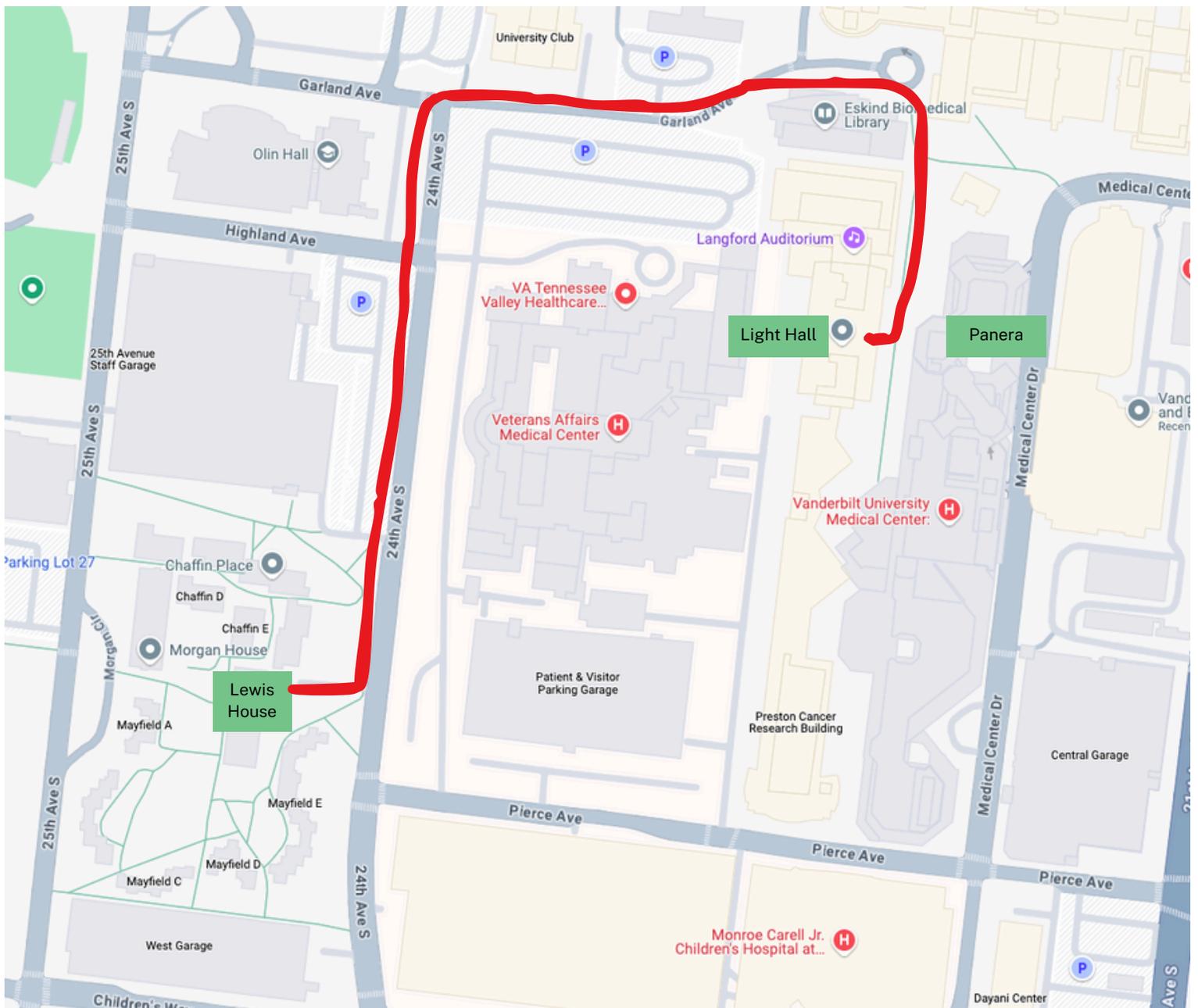
Click on the specific VU Species Users track to open all required training modules for that species. The below example is for the VU Mouse Users (e.g., 4 modules are required). You must click on each module link to launch and complete the online training session to receive credit.

# Orientation

Orientation will be held in Light Hall 214 on Monday, June 2nd, at 9:00 am.

Attendance is MANDATORY and will include essential training, a welcome from the VSSA team, and other basic info about the program.

- The entrance to Light Hall is across from Panera, and you will go through a security screen; if you hear a beep, stop and have your bag checked!
- If you have your Vanderbilt ID, please display it; otherwise you will be given a Visitor Badge.



## Campus Safety

While you are here for the summer, your safety is of utmost importance. Vanderbilt is a safe campus, but no place is immune to crime. Please use caution when walking around campus at all times. If there is not an emergency, but you feel unsafe, please [contact us](#) so we can make your situation better. Please familiarize yourself with safety procedures on campus located [here](#).



We encourage interns to download the VandySafe app while on campus this summer. With the app, interns can:

- Contact VUPD via phone call or real-time chat
- Trigger a mobile Bluelight that shares your location with VUPD
- Initiate a “Virtual Walkhome”
- View information about [VandyRide](#)
- Access support resources & more

More information about the app and download instructions can be found [here](#).

## Other Health Concerns

For emergencies, you can visit the Vanderbilt University Medical Center Emergency Room on the east side of campus. However, if you are experiencing a non-life threatening illness, we encourage you to visit a local walk-in clinic such as a Walgreens, CVS Minute Clinic, or Kroger Little Clinic.

## Get Vaccinated in Nashville

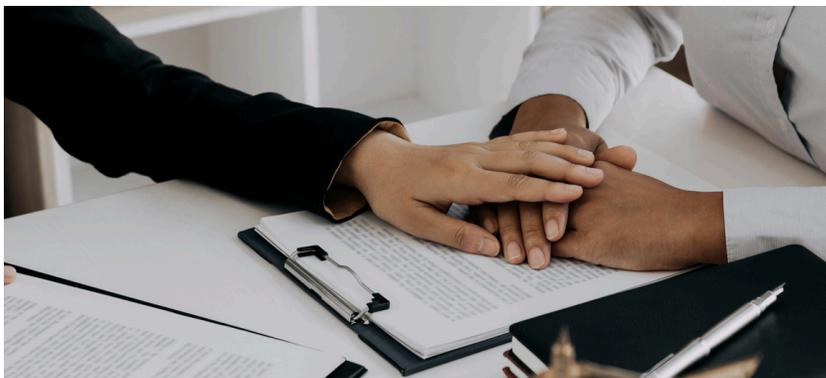
You can get vaccines at the Vanderbilt University Medical Center. Call (615-322-5000) to make an appointment.

You can also find specific vaccines available here ([www.vaccines.gov/search](http://www.vaccines.gov/search)).

## Counseling Services

Vanderbilt encourages you to work with your insurance to identify a mental health provider that might provide telehealth appointments.

Additionally, Vanderbilt has partnered with [The Shrink Space](#) – a therapy database that can help students find providers off-campus. Students can create a free account with their Vanderbilt email address and search providers in Nashville or another state. Students can use filters to search by insurance provider, gender identity, sexual orientation, race/ethnicity, religion, language, and several other factors to find their best match. Students can even reach out to providers directly through the HIPAA-compliant Shrink Space website. If you have questions or concerns, feel free to contact the Director of Trainee Engagement & Well-being, [RC Stabile](#).



## Independent Students

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Independent students are not formally funded by one of the participating programs associated with the VSSA. Independent students must attend orientation; however, participating in other activities is optional. We invite you to participate in our seminars, as we have designed the VSSA to create a community of undergraduate researchers. We hope you will be involved in this experience!

## Vanderbilt ID Card

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When you check into the Lewis or Morgan House, you will be issued an intern card. This card will serve as your photo ID while you are on campus and can be swiped for access to your summer housing as well as your lab space. Please keep in mind that access to lab or research space will need to be added to your card after your arrival and must be requested by your lab or the lab's home department. When making the request, the staff must note that you have an intern card, not a regular student ID card. VSSA staff cannot make this request for you.

You can also load your card with "Commodore Cash" for use through the summer. If you have a VUnet ID, these funds can be added online. However, if you do not have a VUnet ID, money or meals can be added via a credit card at the VU Card Office. Finally, any money you load on your card can be used at locations in the Vanderbilt "Taste of Nashville" locations.

## Meal Plans

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You can purchase food from Rand dining hall but they do have limited hours in the summer. Information with those hours will be sent closer to move-in. Unfortunately, they do not offer meal plans during the summer so it would be a la carte. Campus Dining information can be found [here](#).

## Dress Code

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This summer, you will be performing research in a professional environment. While we do not require specific dress, we ask you to be conscious of your lab or clinical setting. Please also be sure to follow the safety guidelines for your laboratory, which may require that you wear closed-toed shoes. We will also be offering the opportunity to have professional headshots taken in early June, so pack appropriate clothing if you would like to take advantage of this opportunity.

## Recreation and Wellness Center

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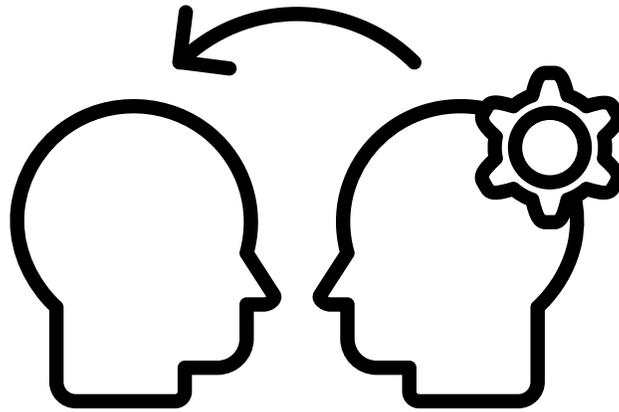
Summer Interns can purchase a membership from the [Recreation and Wellness Center](#). Information about summer membership rates have not yet been posted. Please check the link above for updates.



# Mentor/Mentee Summer Research Discussion

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We think it is very important for you to discuss you and your mentor's expectations while you are on campus. We provide [here](#) a discussion form to initiate this conversation, which should cover many of the topics necessary to start in a lab. Please check with program director to see if this document is required by your program. If you are unsure if you need to complete this form, please email [Stephanie](#).



## Shipping Things to Campus

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Non-Vanderbilt interns cannot receive mail on campus, and no packages can be delivered to the residence halls. All University mailboxes are already assigned to enrolled students and offices. If you are interested in receiving mail, we encourage you to obtain a P.O. Box from the [Acklen Post Office](#), the local [FedEx Kinko's](#), or one of the [UPS Stores](#) located near campus. You can set up a P.O. Box in person at the [UPS Store on West End](#).

**Please note that Amazon orders may not be delivered to our office.** There are Amazon hub lockers on the main campus. Instructions for locker delivery can be found [here](#). We suggest sending Amazon items to the **Acquaio** locker in Rand Hall.

We would also be happy to collect USPS, UPS or FedEx packages in our office. **Please note that deliveries to the BRET Office will be delayed beyond the carrier's notification.** The address is below. Please include Davie's name on the package and your own, and please email us to let us know to expect your package.

- Davie Morales-Miranda
- c/o your name (You must list your name, or we don't know who to give the package to)
- 340 Light Hall
- 2215 Garland Avenue
- Nashville, TN 37232

## Social Activities

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We look forward to providing you with a unique learning opportunity as well as social activities that give you a glimpse of what makes Nashville a great place to live! Our Director of Trainee Engagement & Well-being, RC Stabile, is working hard to arrange on-campus and Nashville outings throughout the summer! More details will be provided soon.

In addition to off-campus experiences, we will host seminars on Mondays and Thursdays from 12:00-1:00 pm with some of Vanderbilt's professional development experts. A pizza lunch will be provided for the Monday talks. These seminars are a great opportunity to take a break from your research and make connections while getting valuable tools. Finally, our summer will conclude with a poster session.

Please make sure to take a look at the "Stuff to do in Nashville" section of this handout for activities that you can do on your own. Summer is a great time to get out and about in Tennessee!



# Getting to Nashville

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Whether flying or driving, the central address for the research part of campus is 2215 Garland Avenue, Nashville, TN 37232.

## Flying to Nashville

If you are flying to Nashville, your destination airport is the Nashville International Airport or BNA. Ground transportation options to get to the Vanderbilt Campus from the airport include Lyft, Uber, or taxis.

## Driving to Nashville

Middle Tennessee has three major interstate routes: I-65, I-24, and I-40. If you are driving to Vanderbilt and need assistance mapping your route, please get in touch with Steph, Davie, or RC.

# Staying at the Highland Quad Apartments

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VSSA students will stay at the Highland Quad apartments, including Lewis House and Morgan House. Please remember to safeguard your property at all times, whether in the dorms or the labs. The Office of Conferences, VSSA, and Vanderbilt University do not assume responsibility for the security of personal property.

## Check-In

- When you arrive on campus, look for a check-in table outside of Lewis House. You can use this [campus map](#) to help you find your way. Please note that the check-in table will be staffed from 9:00 am to 8:00 pm on Sunday, May 25th. You can check in on this day only if you are registered to do so.
- To check in, you will need a form of official ID.
- Please arrive on your scheduled check-in date listed on your application. You will only be allowed to check in on your scheduled day.
- You will have 20 minutes to unload in Highland Circle and must have your hazards on if your car is left unattended.
- You will receive a key to your room. Please don't lose it; the lost key fee is \$100.
- The Lewis House front desk may not always be staffed. If staff is not present when you arrive, please call the 24-hour duty phone.

Accommodations & what to pack for your room (and what to leave at home)

- Your room is furnished with a twin bed, dresser, closet, desk, and desk chair. **However, you need to bring twin sheets, pillowcase, pillow, blanket, and bath towels.**
- You will have an individual room with a shared bathroom, kitchen, and living space.
- These apartments include double rooms and suites that accommodate 3 people with one double room and one single room. All suites include two twin beds, two dressers, 1 bathroom, full kitchen, TV hook-ups and high-speed wireless internet access.
- Hot pots, rice pots, and other similar appliances are not allowed in the rooms; however, you may bring a coffee maker or electric kettle for individual room use. If you want to cook, you must bring pots, pans, dishes, glasses, silverware, etc. Other items many students bring are rain gear, personal toiletries, a small reading lamp, an alarm clock, clothes hangers, a portable iron, a water bottle, snacks, small TV, and a laptop.
- Custodial service is provided in bathrooms and corridors. A schedule will be provided at the beginning of the summer.
- Amenities include on-site laundry facilities, 24 hour on-site security, utilities, and free high speed internet.
- Highland Munch Mart will be open on M-W-F from 6 pm-9 pm. They will have snacks, drinks, and some microwave meal options. Credit card only. They do not accept cash.
- **More information about summer housing and a complete list of items that are not allowed can be found on Summer 2025 Academic Intern Housing's [website](#).**

## **Check Out**

- Academic intern housing check-out will begin at 8:00 a.m. on Saturday, August 3rd, at the Lewis House front desk and continue until 11:00 a.m. There will be no exceptions. Staff and security will begin room checks promptly at 11:01 a.m.
- If your check-out date is before August 3rd, you may check out at the desk or use the Express Check-Out box in the lobby. All room keys and access cards must be returned at check out. If a key is lost or not returned upon check-out, you will need to pay a \$100 fee to replace it with a \$50 fee for lost access cards.
- Do NOT check out until you have completely moved out of your room/apartment, cleaned it, and removed all trash. If you return your key and access cards before completing your move-out, you may be charged an improper checkout fee and/or for the additional night(s) you or your items remain in the apartment.
- Any items left in the apartment will be discarded. It is important to leave the room in the condition you received it. Please ensure you clean your bedroom and any common areas you use, including the bathroom.
- If excessive trash or mess is left, you will be charged a \$50 cleaning fee.

## **Security**

Exterior residence hall doors are automatically locked 24 hours a day. Access is granted by a magnetic Vanderbilt ID, which will be provided to participants at check-in. For security purposes, Allied Universal Security Officers will be checking the photo ids of all individuals entering the residence halls. In addition, the campus is patrolled by Vanderbilt University Campus Police. **If you are experiencing an emergency, please call 9-1-1!**

## **Campus**

Vanderbilt University and Vanderbilt University Medical Center are smoke-free campuses. This includes but is not limited to cigarettes, tobacco, and devices such as e-cigarettes, pipes, and vaporizers. Those found in violation of Tennessee laws or in violation of university policy may be quickly removed from the Academic Intern Housing Program by law enforcement. The offender's housing contract will be terminated, and housing payment forfeited.

## **WIFI**

Wireless internet access is available throughout campus. Highland Quad apartments are equipped with high-speed wireless internet access.

## **Sexual Harassment training**

All students should complete Sexual Harassment training provided by Vanderbilt University's Project Safe. Please navigate [here](#) and complete the survey after watching the brief video.

## **Housing costs**

If your housing is NOT covered by the VSSA or affiliated programs, the cost for on-campus housing is \$56/night plus taxes. Please email [RC Stabile](#) if you will cover your housing cost. If you are unsure whether your housing is covered, please contact your program manager/director.

## **Parking**

Vanderbilt University is a pedestrian campus. Therefore, parking on campus comes at a premium. Interns can purchase summer parking permits through Vanderbilt University Parking Services. Summer passes are \$175 for each vehicle for the entire summer. Please note: Parking passes are non-refundable once purchased and may not be paid by your summer program.

## **Identification: Please wear your badge lanyard**

An important way to help ensure the safety of Vanderbilt's summer research students is to clearly wear their identification badges. Vanderbilt ID badges might be needed to access buildings, use for food and meal purchases, and, most of all, reassure you that the residents in your dorm are summer researchers. In addition, being in a new environment with new people, wearing your lanyard is one small way to identify cohorts within buildings and around campus.

# Transportation

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## Getting around town

There are several options for transportation on and off campus.

- [VandyRide](#) provides shuttle service to various campus locations; note that their routes or frequency may be limited during the summer.
- Students can bring their bicycles or rent them through [Nashville B-Cycle](#). If you bring your bicycle, you need to register it with the [Department of Security](#) and be sure to bring a sturdy U-Lock. To learn more about bicycle options on campus, [click here](#).
- E-Scooters are permitted on campus. Please check out [Bike share](#) and [Electric Scooter Share](#) for regulations and designated parking areas.
- Nashville has several taxi companies available for hire, as well as public transportation via bus through [Nashville MTA](#).

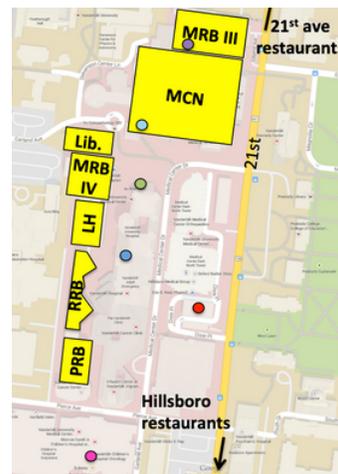


## Campus at a Glance

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### Buildings

- MRB III: Medical Research Building III
- MCN: Medical Center North
- Lib: Eskind Biomedical Library
- MRB IV: Medical Research Building IV
- LH: Light Hall
- RRB: Rollins Research Building
- PRB: Preston Research Building



### Dining/Coffee

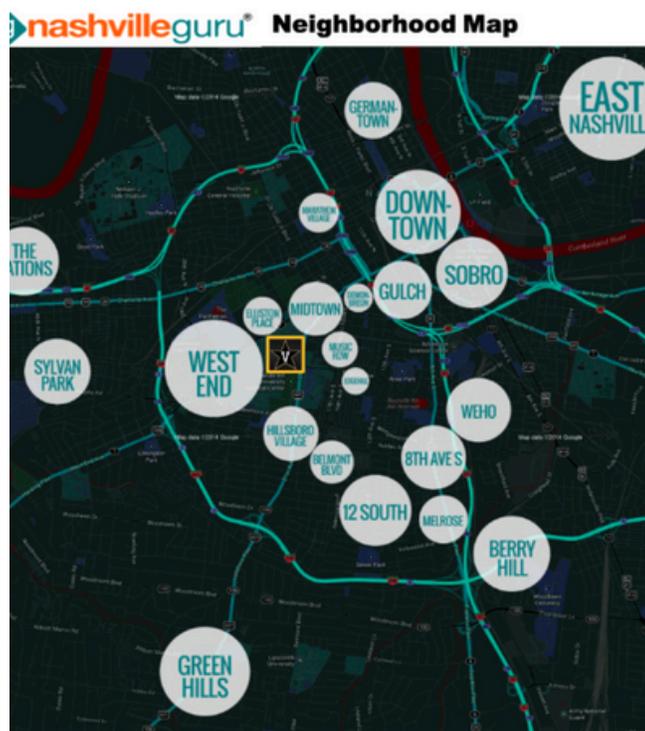
All but Courtyard Café and Children's Way Café are closed on weekends and holidays

- Suzie's Espresso (pre-made sandwiches, fruit, snacks, coffee, beverages): 3rd floor of MRB III
- Starbucks (pre-made salads, sandwiches, coffee, beverages): Entrance of MCN
- Panera: courtyard outside of Vanderbilt Hospital
- Courtyard Café in Vanderbilt Hospital (hospital cafeteria): 2nd floor
- Children's Way Café at Children's Hospital (Vandy Café, Ben & Jerry's, Subway, Suzie's Espresso Coffee Shop, Taco Bell, and Pizza Hut Express)

# Stuff to do in Nashville

There is so much to do around town. Don't spend all of your time in the lab! Get out and take advantage of Nashville and the Vanderbilt campus. The campus, surrounding area, and Nashville are quite safe but not absent of crime. Always use your best judgment, and don't walk alone after dark. We recommend you visit the [Vanderbilt University Police](http://police.vanderbilt.edu) website at [police.vanderbilt.edu](http://police.vanderbilt.edu) for further information about campus safety.

Included in this handbook is a map of the Nashville neighborhoods. We also have created a list of some shopping, restaurants, and activities that you can find in the areas closest to campus. For even more information, check out [Nashville Guru](http://NashvilleGuru.com), an online publication focusing on events and places that make Nashville great! Also, there is a free alternative paper called The [Nashville Scene](http://TheNashvilleScene.com) that comes out every Wednesday afternoon that is excellent for looking for events, art exhibits, movies, etc., and can be picked up at local restaurants and merchants. For events, festivals and more, check out <https://www.visitmusiccity.com>.



## Edgehill

- Barcelona – [Nashville – Barcelona Wine Bar](#)
- Bella Napoli Pizzeria – [Bella Napoli Pizzeria » Bella Napoli Pizzeria](#)
- Jack Brown's – [Jack Brown's Beer and Burger Joint \(jackbrownsjoint.com\)](#)
- NoBaked Cookie Dough – [NoBaked Cookie Dough | Gourmet Edible Cookie Dough](#)
- Sadie's – [Home | Sadie's | Mediterranean Cuisine | Nashville, Tennessee \(sadiesnashville.com\)](#)

## West End

- Amerigo – [Nashville | Amerigo Italian Restaurant](#)
- Avo – [AVO \(eatavo.com\)](#)
- Barnes & Noble Vanderbilt Bookstore – [efollett \(bkstr.com\)](#)
- Bricktop's – [Nashville \(West End\) – BrickTop's \(bricktops.com\)](#)
- Centennial Park – [Centennial Park | Nashville.gov](#)
- DGX/Dollar General Express – [Dollar General Store in Nashville](#)
- E + Rose Wellness Company – [E+ROSE | Health Food Restaurant & Juice Bar | Nashville, TN \(eandrose.com\)](#)
- Hugh Baby's – [Locations – Hugh Baby's \(hughbabys.com\)](#)
- Jasper's – [Home – Jasper's \(jaspers.restaurant\)](#)
- Kokos Ice Cream – [ORDER ONLINE | PICKUP AT SHOP | KOKOS Ice Cream \(square.site\)](#)
- The Local – [The Local | Original Live Music in Nashville \(localnash.com\)](#)
- Maggie Moo's – [Marble Slab Creamery – Marble Slab Creamery Nashville – Order Online](#)
- Maggiano's – [West End Avenue | Maggianos.com](#)
- Parlor Doughnuts – [Locations | Parlor Doughnuts](#)
- Parthenon – [The Parthenon \(nashvilleparthenon.com\)](#)
- Pastaria – [Pastaria – Nashville – A fresh approach to Italian dining \(eatpastaria.com\)](#)
- SandBar – [SandBar Nashville](#)
- Sitar – [Sitar Indian Restaurant \(sitarnashville.com\)](#)
- Sun & Fork – [Sun & Fork \(sunandfork.com\)](#)

## **Midtown**

- Ben & Jerry's – [Ben & Jerry's Vanderbilt Ice Cream Shop | Nashville, TN \(benjerry.com\)](#)
- Cava – [Home | CAVA](#)
- Chipotle Mexican Grill – [Chipotle Mexican Grill – Mexican Food – Restaurant & Catering](#)
- Chuy's – [Chuy's Tex-Mex | Home \(chuys.com\)](#)
- CVS – [CVS – Online Drugstore, Pharmacy, Prescriptions & Health Information](#)
- Desano Pizzeria Napoletana – [DeSano Pizza](#)
- Donatos Pizza – [Donatos Pizza – Every Piece Is Important](#)
- Duncan Donuts – [Dunkin'® | America's Favorite Coffee, Espresso and Donuts \(dunkindonuts.com\)](#)
- H&S Bagels – [H&S Bagels \(handsbagels.com\)](#)
- Hattie B's – [Hattie B's – Nashville Hot Chicken Restaurant – Cut the Line & Stack Some Perks](#)
- Hi-Fi Clyde's – [Hi-Fi Clyde's Nashville \(hificlydesnashville.com\)](#)
- Hopsmith Tavern – [Menu – Hopsmith Nashville](#)
- Midtown Cafe – [Midtown Cafe](#)
- Panera – [Home | Panera Bread](#)
- San Antonio Taco Company – [San Antonio Taco Company – Nashville, Tennessee \(thesatco.com\)](#)
- Starbucks – [Vanderbilt: Starbucks Coffee Company](#)
- The Baked Bear – [Ice Cream Sandwiches | Cookies | Brownies | The Baked Bear](#)
- The Row – [The Row Kitchen and Pub in Nashville, TN \(therownashville.com\)](#)
- The Stillery – [Midtown – Menus | The Stillery](#)
- The Well – [Koinonia on Music Row | The Well Coffeehouse](#)
- Two Boots – [Two Boots – Home](#)
- Urban Cookhouse – [Welcome | Urban Cookhouse](#)
- Velvet Taco – [Locations | Get the Best Tacos in Nashville Midtown delivered! | Velvet Taco](#)

## **Elliston Place**

- Elliston Place Soda Shop – [Elliston Place Soda Shop- Restaurant in Nashville TN](#)
- Frutta Bowls – [Frutta Bowls | Superfoods + Healthy Acai, Pitaya & Kale Bowls](#)
- Hurry Back – [Hurry Back \(hurry-back.com\)](#)
- I Love Sushi – [Home \(ilovesushinashville.com\)](#)
- Jamba Juice – [Jamba | Order Smoothies, Juices, Bowls, and Bites](#)
- Jersey Mike's Subs – [Sandwiches & Subs at Elliston & 23rd – Jersey Mike's \(jerseymikes.com\)](#)
- Koi Sushi & Thai – [Koi Sushi & Thai – Mid Town \(koisushithaimidtown.com\)](#)
- Krispy Kreme – [Fresh Doughnuts and Coffee | Krispy Kreme Nashville – Elliston Place in Nashville, TN](#)
- Martin's Bar-B-Que Joint – [Midtown, Nashville \(martinsbbqjoint.com\)](#)
- O'Sake – [Home – OSAKE JAPANESE RESTAURANT \(osakesushi101.com\)](#)
- Oscar Taco Shop – [Oscar's Taco Shop Menu | So Cal Mexican Restaurant \(oscarstacoshop.com\)](#)
- Poke Bros – [Poke Bros Locations Near You – Hawaiian Style Fresh Fish Poke Bowls \(eatpokebros.com\)](#)
- Samurai Sushi – [Samurai \(samurainashville.com\)](#)
- Satay Thai – [Thai Satay Restaurant | Thai food in Nashville, TN \(thaisataynashville.com\)](#)
- The End – [The End – Nashville \(endnashville.com\)](#)
- Tiff's Treats – [Tiff's Treats Cookie Delivery: Warm, Fresh Baked Cookies Delivered Same-Day](#)

## **Hillsboro Village**

- Belcourt Theatre – [Home – The Belcourt Theatre](#)
- Biscuit Love – [Biscuit Love®](#)
- Central BBQ – [Central BBQ – Slow Smoked Memphis Style BBQ \(eatcbq.com\)](#)
- Co-op – [Home – The Co-Op \(thecoopsi.com\)](#)
- Crumbl Cookies – [Crumbl Cookies – Freshly Baked & Home Delivered Cookies](#)

### **Hillsboro Village (continued)**

- [Double Dogs – Double Dogs – Sit. Stay. Eat.](#)
- [Duncan Donuts – Dunkin’® | America’s Favorite Coffee, Espresso and Donuts \(dunkindonuts.com\)](#)
- [Fido – Fido – BongoJava.com](#)
- [Fannie Mae Dees Park – Fannie Mae Dees Park Picnic Shelter | Nashville.gov](#)
- [Hopdoddy – Hopdoddy Burger Bar | Fresh, Handmade Burgers](#)
- [Jeni’s Splendid Ice Creams – Jeni’s Splendid Ice Creams \(jenis.com\)](#)
- [Kay-Bob’s Grill & Ale – Find Us — Kay Bob’s Grill & Ale \(kaybobs.us\)](#)
- [Pancake Pantry – The Pancake Pantry – The Pancake Pantry](#)
- [Pizza Perfect – Pizza Perfect – Voted Best Pizza In Nashville \(pizzaperfectonline.com\)](#)
- [Rock N’ Roll Sushi – Rock N’ Roll Sushi | Sushi Amplified \(rocknrollsushi.com\)](#)
- [Ruby Sunshine – Menu | Ruby Slipper & Ruby Sunshine \(rubybrunch.com\)](#)
- [Taco Mama – Hillsboro Village – \(tacomamaonline.com\)](#)
- [The Grilled Cheeserie – Hillsboro Village – The Grilled Cheeserie](#)
- [United States Postal Service – https://tools.usps.com/](#)
- [Urban Juicer – The Urban Juicer + Eatery | Nashville, TN Juice Bar & Healthy Food](#)

### **Green Hills**

- [Bluebird Cafe – The Bluebird Cafe](#)
- [Cheesecake Factory – The Cheesecake Factory](#)
- [Green Hills Mall – The Mall at Green Hills | Nashville’s Premier Shopping Destination \(shopgreenhills.com\)](#)
- [Kalamatas – Kalamatas \(kalamatasnashville.com\)](#)
- [Parnassus Books – Parnassus Books | An Independent Bookstore For Independent People](#)
- [Regal Green Hills Theatre – Regal Green Hills Movie Tickets and Showtimes in Nashville, TN | Regal \(regmovies.com\)](#)
- [Shake Shack – Green Hills | Shake Shack](#)
- [Trader Joe’s – Trader Joe’s Nashville \(664\) | Grocery Store in Nashville 37215 \(traderjoes.com\)](#)
- [True Food Kitchen – True Food Kitchen | Seasonal Restaurant & Scratch Bar](#)
- [Whole Foods Market – Whole Foods Market | Whatever Makes You Whole](#)

### **Downtown**

- [1 Kitchen – 1 Kitchen Restaurant at 1 Hotel Nashville \(1hotels.com\)](#)
- [417 Union – 417 Union – American Restaurant in Nashville, TN](#)
- [Acme Feed & Seed – About Us — Acme Feed and Seed](#)
- [Another Broken Egg – Nashville, TN | Another Broken Egg Cafe](#)
- [Ascend Amphitheater – Ascend Amphitheater | Downtown Nashville \(nashvilledowntown.com\)](#)
- [Assembly Food Hall – Home | Assembly Food Hall](#)
- [Bridgestone Arena – Bridgestone Arena Tickets | ArenaNashville.org](#)
- [Casa Rosa – Miranda Lambert’s Casa Rosa Nashville](#)
- [Country Music Hall of Fame and Museum – Country Music Hall of Fame and Museum – Top Nashville Experience and Tours](#)
- [Cumberland Park – Cumberland Park | Nashville.gov](#)
- [Fifth + Broadway – HOMEPAGE – Fifth + Broadway \(fifthandb.com\)](#)
- [Frist Museum – Frist Art Museum](#)
- [Frothy Monkey – Find a Local Cafe – Frothy Monkey](#)
- [Goo Goo – http://www.googoo.com/find/downtown-nashville/](#)
- [J. Gumbo’s – J. Gumbo’s – Fast Casual Cajun & Creole \(jgumbos.com\)](#)
- [Merchants – Merchants \(merchantsrestaurant.com\)](#)
- [Ole Red – Ole Red](#)
- [Ryman Auditorium – Ryman Auditorium](#)
- [Shake Shack – Home Page | Shake Shack](#)
- [Schermerhorn Symphony Center – Nashville Symphony](#)
- [Tennessee Performing Arts – Visit TPAC – Nashville, TN – Tennessee Performing Arts Center®](#)
- [Tennessee State Museum – https://tnmuseum.org/](#)
- [Wildhorse Saloon – Nashville’s Premier Line Dancing Venue | Wildhorse Saloon](#)

## **Beyond**

- Adventureworks Ziplining – [Adventureworks](#) | [Zipline Adventure](#) | [Rope Course](#) | [Tennessee](#)
- Cheekwood Estate & Gardens – [Cheekwood Estate & Gardens in Nashville](#)
- Cupcake Collection – [The Cupcake Collection](#) | [A Destination Bakery](#)
- Five Daughters Bakery – [Five Daughters Bakery](#) | [Homepage](#)
- Juice Bar – [Juice Bar – Juices, Smoothies, Bowls, & More \(ilovejuicebar.com\)](#)
- Kroger – [Kroger : Shop Groceries, Find Digital Coupons & Order Online](#)
- Mafiaozas’s – [Mafiaozas’s Pizzeria & Neighborhood Pub](#)
- Milk & Honey – [Milk & Honey Nashville \(milkandhoneynashville.com\)](#)
- Monell’s – [Nashville Catering, Weddings, Rehearsals, Restaurants: MONELLS \(monellstn.com\)](#)
- Mitchell Deli – [Mitchell Deli – Nashville’s Finest Delicatessen](#)
- Nashville Good Trucks – [Best Food Trucks](#) | [Hire a food truck](#)
- Nashville Farmer’s Market – [Nashville Farmers Market](#)
- Nashville Murals – [Nashville Murals](#) | [Nashville Guru](#)
- Nashville Sounds Baseball – [Nashville Sounds Official Store \(milbstore.com\)](#)
- Nashville Soccer Club – [Nashville SC](#)
- Opry – [Mall, Resort, Music Venue](#)
- Peg Leg Porker – [Our Menu – Peg Leg Porker](#)
- Pinewood Social – [Menus – Pinewood \(pinewoodsocial.com\)](#)
- Publix – [Home](#) | [Publix Super Markets](#)
- Sunflower Cafe – [Home](#) | [Sunflower Cafe \(sunflowercafenashville.com\)](#)
- Target – [Target : Expect More. Pay Less.](#)
- Tee Line – [Tee Line Nashville](#)
- The Loveless Cafe – [The Loveless Cafe, Real Southern Food in Nashville, TN](#)
- The Nashville Jam Company – [The Nashville Jam Company](#)
- The Smiling Elephant – [The Smiling Elephant: Best Pad Thai Restaurant -Home](#)
- TopGolf Nashville – [Golf, Party Venue, Sports Bar & Restaurant](#) | [Topgolf Nashville](#)
- Walmart – [Walmart.com](#) | [Save Money. Live Better](#)

**We look forward to seeing you in June!**



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## **Vanderbilt Summer Science Academy, Mentor/Mentee Summer Research Discussion**

Having clear expectations about your project this summer can be extremely beneficial. This discussion format for VSSA-affiliated students and mentors ensures two-way communication about expectations. Some programs require this discussion and form, so check with your program director to see if your program is one of these. If you have questions, please contact Stephanie Richards.

1. How many hours per week should I work in the lab, and what schedule should I keep?
2. What should my dress be in the lab?
3. Am I expected to work weekends?
4. How do I go about calling in sick or taking a holiday (July 4th)?
5. How often will I meet with my faculty mentor? Will it be one-on-one, sub-group meetings, or whole-group meetings?
6. Is there a regular lab meeting I will be attending? When is that meeting?
7. Who will help direct my day-to-day lab activities?
8. What are the basics of keeping an accurate research laboratory notebook and accurately filling and storing data and samples?
9. What process should I follow if I have problems with my research project?
10. Am I repeating old work or starting a completely new project from scratch?

