

IPS-SF

Below follows a description of a number of situations in which persons with injection phobia can experience anxiety or fear. Read each item and rate on a scale from 0 to 4 how much anxiety you would experience if you actually were in the situation.

	No		Max	
	Anxiety		Anxiety	
1. Giving a blood sample by having a finger pricked.	0	1	2	3 4
2. Having a shot in the upper arm.	0	1	2	3 4
3. Having an anesthetic injection at the dentist.	0	1	2	3 4
4. Having a venipuncture (needle inserted into vein).	0	1	2	3 4
5. Getting an injection in the buttock.	0	1	2	3 4
6. Having one's ears pierced.	0	1	2	3 4
7. Getting a vaccination.	0	1	2	3 4
8. Getting an intravenous injection.	0	1	2	3 4