# Time Delay Strategies

#### What are Time Delay (TD) Strategies?

- Non-verbal strategies that encourage your child to communicate with you
  - <u>Inadequate Portions</u>: providing small or inadequate portions of preferred materials.
  - Assistance: creating situations in which the child needs the adult's help.
  - <u>Waiting with Routine</u>: setting up a routine in which the child expects certain actions and then waiting before doing the expected action again.
  - <u>Waiting with Cue:</u> using associated objects (e.g., shoe to foot) and then waiting before completing the expected action.
  - <u>Choice Making</u>: holding up two objects and waiting for the child to communicate about which item he/she wants.

### Why Use TD Strategies?

- Provides the child with more opportunities to practice communicating
  - Increases the child's rate of communication
- Provides the adult with more opportunities to teach new language by
  - Responding
  - Expanding the child's communication

## How to Use TD Strategies?

- Set up the opportunity to encourage your child to communicate by using an environmental arrangement strategy
- Wait until your child communicates (gestures, vocalizes, says a word)
- Expand this communication with a target

## When to Use TD Strategies?

- Use TD Strategies when the child is not communicating frequently (e.g., less than 2 times per minute)
- Some strategies work better than others for different children
  - Use the ones that work best for the child
  - Avoid TD strategies that frustrate the child

